

**Central Coast Area Narcotics Anonymous Service Committee Minutes**  
**November 5th, 2023**

Meeting opened at 3:00 pm with the Service Prayer

**Tamika** read the 12 Traditions

**Bart** read the 12 Concepts of Service

**Minutes:** October 1st, 2023 Minutes approved by unanimous consent

**New GSRs:**

- none

**Visitors:**

- Tamika, Ryan, Thia, John K.

**Subcommittee Reports:**

**RCM:**

- Results from CAR/CAT Motions from WSC are now available
  - NA survival kit approved (more info: <http://www.na.org/fipt>)
- WSLD is in Alaska this year and will be Nov 10-12, 2023
- WSZF Western States Zonal Forum is Jan 25-28, 2024, in Fresno CA
- With the passing of Term Lengths of the Delegates, we need to address timelines, financials, and Guidelines changes (may also affect RCM term lengths)
- Seeking next Regional Delegate Alternate and Regional Delegate. Elections are traditionally performed in March, during the off-conference cycle at our Mini-Regional Assembly.
- Looking for a location to host (approx 50 people) the election in 2024. See Stanley for more info.
- Regional positions are still vacant :
  - Chair – NEEDED
  - Vice-Chair – NEEDED
  - Alt. Secretary – NEEDED
- Next meeting will be in person at 2985 east hill crest #106, westlake village on 1/21/24 (Sunday) @11:30am
- **PR Regional**
  - Next meeting is at the convention during the PR workshop. See Mike.
- **CC&E:**
  - Convention Registration & merchandise presale now available online as of 7-16-23.
  - Registration flyers were passed out to the areas that showed up.

- There is a logo contest, and submissions should be more than four colors
- Readers and Leaders are needed for the convention. Anyone interested can either sign up on the forms that were previously handed out or on the convention website.
- Regional elections are coming as all positions (chair, vice-chair and secretary) are terming out.

**PR:**

**Public Information: Matt (805) 440-9365 / Jackie (805) 714-7864**

- Rack positions have been filled. All rack routes going well.
- Veterans Stand Down: organizers are wondering why we have not contacted them. Matt will take care of that right now. Jackie will receive the literature stand.

**Webmaster: Esteban (Steven)**

- Not much going on with the website, people are having trouble updating their meeting changes; people are assuming that this happens immediately. Steven would like to update the schedule once a month. Updating the PDF version is not as simple as that; there was discussion about this process. There was discussion regarding only printing schedules quarterly because of the size of the file it was suggested that we state on the schedule that the most up to date info can be found on the website. Steven asked why we don't have an alternate webmaster, this was discussed and Stanley stated that we would add that to the updated guidelines.

**Phone Line: Joe (805) 610-6278/Gaby (805) 266-8042**

- Phone line is working, Steven has been in contact with the company on getting the text option working. This has been difficult as they only communicate via email, the phone line itself is working well. Eventually we will get the text option working. The details were discussed. Thank you Steven for your help. Joe has been in contact with Gaby to see if she wants to help out next year.

**Literature: Jenny (805) 459-7921/ Patrick (805-458-2723)**

- Literature order has been partially filed by World. PR will not be placing orders going until prior orders are confirmed.
- Need a new chair, current person will term out in January.
- Need to discuss ordering via NorCal over World Services.
- World is having problems with order confirmations and invoicing. We are working to clear the issues. Until this is clear we are not ordering from World Services.
- 4th Sunday of each month will be the meeting.

**Behind the Walls Sponsorship Meeting – Bart (805) 978-6166**

- 3rd Saturday every month; 8:30 am
- Women and men sponsors needed. Two Years clean requirement. Go to Regional website to sign up for Behind the Walls Sponsorship

<https://ccrna.net/btws/>

- Contact Kurt or Bart for more information. Men sponsors are needed for this area, and bi-lingual individuals. If you can write your steps, you can write a 15-minute letter once a month. Women sponsors for BTWS are available and we need volunteers.
- Revamped guidelines. 2 year clean time requirement to sponsor people.

### **H&I Jack (805) 458-3556**

#### **CMC East: Kurt (805) 471-7644**

West side shut down.

#### **SM "Good Sam's" Detox: Jack (805) 458-3556**

No dark nights. All panel leader positions are filled.

#### **CAPSLO 40 Prado Homeless Shelter: Greg (805) 704-4632**

No dark nights. 5 in attendance.

#### **Coed Jail Panel : Stanley (805)296-0076**

JBCT Unit 3:00PM to 4:00PM : This is the dual diagnosis unit inside the county jail. It holds both men and women. Both gender volunteers are needed.

#### **SLO Men's Co. Jail: Stanley (805) 296-0076**

**Tuesday Night 5:30PM** - We see 700 & 800 West Dorms simultaneously. Could use 1 or 2 more men volunteers. 700 has steady attendance between 4 to 8 men. 800 has weekly attendance between 8 to 10 men.

**Thursday: Kansas Max (K-MAX) 1:00PM to 2:00PM** - We are currently rotating between pods. There are 4 men cleared rotating every other week. Pods have asked for weekly meetings. We could use 6 to 8 men to make this happen as a one week

**300 West Housing 5:30PM to 6:30PM** - They have a weekly attendance of 12 to 14 men. 2 volunteers cover on an every other week rotation. We could use 3 to 7 more volunteers.

**400 West Housing 5:45PM to 6:45PM** - They have a weekly attendance of 8 to 12 men. 2 volunteers cover on an every other week rotation. We could also use 3 to 7 more volunteers to help cover this unit.

#### **SLO Women's Co. Jail: Jan (818) 438-1654 / Stanley (805) 296-0076**

Monday Night: 6:00PM – I Deck 10 women cleared each panel of two covers one week a month only. We cannot take any more volunteers for this unit as our limit was 8.

6:15PM – J Deck Dark due to no women volunteers We are asking for 8 to 10 women.

Thursday Night R Deck 5:30PM: We have two dark weeks a month due to lack of volunteers.

#### **SB County Jail (Santa Maria): Mike (805) 215-4215**

Went out once this month due to their staffing the calling in advance at 6 pm is working.

**ASH: Bull (805) 550-8140**

20 residents attending meetings. Have gotten another person cleared.

**Sun Street Center (34 Prado): Bull (805) 550-8140**

6 people cleared and they go out once a month.

**Bridge House: Joel (805) 588-9665**

Dark since last meeting, there is a timing issue. Seems to be an issue in Lompoc, with daytime/morning meetings.

**Crestwood: Joel (805) 588-9665**

No changes. New contact person, will work on that. Trying to negotiate having a meeting after working hours so people can attend.

**Solid Rock Ranch: Mike (805) 215-4215**

Panel is off until further notice.

**Lompoc Federal Prison: Ralph (805) 478-0720**

Meeting is at 9 am during the week. People are interested but schedule is hard. Ralph is going to start going in.

**Recovery Way: Anita (805) 717-2275**

New panel leader. Going well. 7-10 in attendance Went in with Jeanette this month there were 6-10 members in attendance.

**LAGS: Bart L (805) 363 7136**

Not sure what is going on with them, more will be revealed.

**Activities:**

- Elections were completed:  
New Chair - Shannon , New Vice-Chair - Tamika and New Secretary - Teresa
- Presale tickets for New Years are available for \$20 (includes dinner with drink and 5 basket raffle tickets).
- "Prom Night" will not include a court or King/Queen contest, instead New Year's Eve "Prom Night" will have a best dressed contest (male, female and couple) prize will be a free pass to all events next year!!
- Need Volunteers for New Year's Eve - 5 setup , 5 to serve food and 5 to clean-up. See Lies!!! Signup will be available on the website shortly.
- Groups are asked to donate a basket for the raffle. Please let Liesl know next month at the area meeting if your group will be bringing one.
- Freakfest was a big success!!!
- Next year's calendar of events will be available at the next meeting.

**Activities Treasurer Report:**

Beginning Balance: \$ 1,310.11

Deposits/Credits: \$ 681.00

Withdrawals/Debits: \$ 695.47

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Ending Balance: \$ 1,295.64

**Area Treasurer Report:**

Beginning Balance: \$ 2,178.44  
Deposits/Credits: \$ 1,180.59  
Withdrawals/Debits: \$ 2,139.14  
Ending Balance: \$ 1,219.89  
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Total: \$ 1,219.89

**Meeting News: Be sure to submit meeting changes on the website**

- 5 Cities noon meeting moved to Calvary Chapel on 1133 Maple Street room 211.
- The 5 Cities event committee has 3 events in the works. Fathers day campout - get your site now. Men's retreat - next August more info to come soon (it will be at Lopez Lake). Women's retreat will have a meeting to plan and more info to come.
- Hard Knocks Paso - Sat November 11th will be dark.
- Friday night Paso - new location Plymouth Congregational church 1301 oak st (enter on 13th street). WILL BE DARK THE 3RD FRIDAY OF EACH MONTH.
- Hedgehog Zoom meeting will have a speaker the first Sunday of the month and will be a 75min meeting.
- Mens Give it Away Group on monday (6:30pm - 7:45pm) is a closed meeting only and has moved to 5850 rosario ave, atascadero (community church) in back.
- Saturday Wake Up Group (7:30am) needs support. They meet at 5318 Palma in Atascadero (St. Lukes church)

**Old Business**

- Nominations and elections will be held next month. Please announce at meetings. Area positions are open.
- Discussed allocating extra funds to subcommittees as needed
- Brought up the size of QR code on meeting schedules being too big so no room for phone numbers. Also discussed putting subcommittee numbers back on the meeting schedule. - Asked GSRs to bring back to meetings printing a separate insert for phone number that would go into meeting schedules - Bring to groups if QR is shrunk is the preference putting lines for phone numbers back on the schedule or subcommittee contact info - Will revisit next month.

**New Business** - Quorum reached

- Elections were completed as follows. All GSR please announce the unfilled positions.
  - Chair: Wes
  - Vice-Chair: ***not filled***
  - Treasurer: Kurt
  - Vice-Treasurer: Veronica
  - Secretary: Heidi
  - RCM2: Adrian
- QR code size can be changed but will take the same page size block. Discussed going to a quad-fold format and printing every 3 months going forward. (Quad is larger paper and more cost to print - \$200 per printing). Need to discuss if printing will be every 3 months, will make the new quad fold for next month and vote on the 3 month print cycle.
- Workshop in Guadalupe in October went through World Guidelines on Predator and Disruptive Behavior. Only 5 members attended. Another meeting will be held (hybrid with Zoom). Need a time and place for the meeting. GSR please take to groups. 2 hour meeting slot needed.

[www.NA.org/sps](http://www.NA.org/sps) for the workshop information.

**Next ASC meeting is December 3rd, 2023 at 3pm.  
Will be a hybrid meeting - Zoom Meeting ID: 826 8602 3456/ no  
password**