

**Central Coast Area Narcotics Anonymous Service Committee Minutes**  
**October 1st, 2023**

Meeting opened at 3:00 pm with the Serenity Prayer **Dean** read the 12 Traditions, and **Bob** read the 12 Concepts of Service

**Minutes:** September 3rd, 2023 Minutes approved by unanimous consent

**New GSRs:**

- Rose - True Moment of silence
- Cambria - STM

**Visitors:**

- none

**Subcommittee Reports:**

**RCM:**

- Results from CAR/CAT Motions from WSC are now available
  - NA survival kit approved (more info: <http://www.na.org/fipt>)
- WSLD is in Alaska this year and will be Nov 10-12, 2023
- WSZF Western States Zonal Forum is Jan 25-28, 2024, in Fresno CA
- With the passing of Term Lengths of the Delegates, we need to address timelines, financials, and Guidelines changes (may also affect RCM term lengths)
- Seeking next Regional Delegate Alternate and Regional Delegate. Elections are traditionally performed in March, during the off-conference cycle at our Mini-Regional Assembly
- Vacant regional positions :
  - V. Treasurer – NEEDED
  - Secretary – NEEDED
  - Alt. Secretary – NEEDED
- **PR Regional**
  - Still in need of an H&I coordinator
- **CC&E:**
  - Convention Registration & merchandise presale now available online as of 7-16-23.
  - Registration flyers were passed out to the areas that showed up
  - There is a logo contest, and submissions should be more than four colors
  - Readers and Leaders are needed for the convention. Anyone interested can either sign up on the forms that were previously handed out or on the convention website.

**PR:**

**Public Information: Matt (805) 440-9365 / Jackie (805) 714-7864**

- Couple of people want to get involved with rack route in SLO, still need help in 5 Cities, will check with Wes about North County. Santa Maria going well.
- Veterans Stand Down: organizers are wondering why we have not contacted them. Matt will take care of that right now. Jackie will receive the literature stand.

**Webmaster: Esteban (Steven)**

- Not much going on with website, people are having trouble updating their meeting changes; people are assuming that this happens immediately. Steven would like to update the schedule once a month. Updating the PDF version is not as simple as that; there was discussion about this process. There was discussion regarding only printing schedules quarterly because of the size of the file it was suggested that we state on the schedule that the most up to date info can be found on the website. Steven asked why we don't have an alternate webmaster, this was discussed and Stanley stated that we would add that to the updated guidelines.

**Phone Line: Joe (805) 610-6278/Gaby (805) 266-8042**

- Phone line is working, Steven has been in contact with the company on getting the text option working. This has been difficult as they only communicate via email, the phone line itself is working well. Eventually we will get the text option working. The details were discussed. Thank you Steven for your help. Joe has been in contact with Gaby to see if she wants to help out next year.

**Literature: Jenny (805) 459-7921/ Patrick (805-458-2723)**

- Still need support. NAWS has not been sending us our Literature, we have been in contact with them about this. NAWS lack of action is being handled. We have been ordering via Nor. Cal Region and this was discussed.

**Behind the Walls Sponsorship Meeting – Bart (805) 978-6166**

- 3rd Saturday every month; 8:30 am
- Women and men sponsors needed. Two Years clean requirement. Go to Regional website to sign up for Behind the Walls Sponsorship <https://ccrna.net/btws/>
- Contact Kurt or Bart for more information. Men sponsors are needed for this area, and bi-lingual individuals. If you can write your steps, you can write a 15-minute letter once a month. Women sponsors for BTWS are available and we need volunteers.
- Revamped guidelines. 2 year clean time requirement to sponsor people.

**H&I Jack (805) 458-3556**

**CMC East: Kurt (805) 471-7644**

East side dark on 17 and 24. West side dark on 10. West side shut down Bigger meetings going well no dark nights.

**SM "Good Sam's" Detox: Jack (805) 458-3556**

No dark nights. All panel leader positions are filled.

**CAPSLO 40 Prado Homeless Shelter: Greg (805) 704-4632**

No dark nights. 5 in attendance.

**Coed Jail Panel : Stanley (805)296-0076**

JBCT Unit 3:00PM to 4:00PM : This is the dual diagnosis unit inside the county jail. It holds both men and women. Both gender volunteers are needed.

**SLO Men's Co. Jail: Stanley (805) 296-0076**

**Tuesday Night 5:30PM** - We see 700 & 800 West Dorms simultaneously. Could use 1 or 2 more men volunteers. 700 has steady attendance between 4 to 8 men. 800 has weekly attendance between 8 to 10 men.

**Thursday: Kansas Max (K-MAX) 1:00PM to 2:00PM** - We are currently rotating between pods. There are 4 men cleared rotating every other week. Pods have asked for weekly meetings. We could use 6 to 8 men to make this happen as a one week

**300 West Housing 5:30PM to 6:30PM** - They have a weekly attendance of 12 to 14 men. 2 volunteers cover on an every other week rotation. We could use 3 to 7 more volunteers.

**400 West Housing 5:45PM to 6:45PM** - They have a weekly attendance of 8 to 12 men. 2 volunteers cover on an every other week rotation. We could also use 3 to 7 more volunteers to help cover this unit.

**SLO Women's Co. Jail: Jan (818) 438-1654 / Stanley (805) 296-0076**

Monday Night: 6:00PM – I Deck 10 women cleared each panel of two covers one week a month only. We cannot take any more volunteers for this unit as our limit was 8.

6:15PM – J Deck Dark due to no women volunteers We are asking for 8 to 10 women.

Thursday Night R Deck 5:30PM: We have two dark weeks a month due to lack of volunteers.

**SB County Jail (Santa Maria): Mike (805) 215-4215**

Went out once this month due to their staffing the calling in advance at 6 pm is working.

**ASH: Bull (805) 550-8140**

20 residents attending meetings. Have gotten another person cleared.

**Sun Street Center (34 Prado): Bull (805) 550-8140**

6 people cleared and they go out once a month.

**Bridge House: Joel (805) 588-9665**

Dark since last meeting, there is a timing issue. Seems to be issue in Lompoc, with daytime/morning meetings.

**Crestwood: Joel (805) 588-9665**

No changes. New contact person, will work on that. Trying to negotiate having meeting after working hours so people can attend.

**Solid Rock Ranch: Mike (805) 215-4215**

Panel is off until further notice.

**Lompoc Federal Prison: Ralph (805) 478-0720**

Meeting is at 9 am during the week. People are interested but schedule is hard. Ralph is going to start going in.

**Recovery Way: Anita (805) 717-2275**

New panel leader. Going well. 7-10 in attendance Went in with Jeanette this month there were 6-10 members in attendance.

**LAGS: Bart L (805) 363 7136**

Not sure what is going on with them, more will be revealed.

**REGIONAL PUBLIC RELATIONS: PJ (805) 709-4158**

- Topic: Central California Regional Public Relations
- Time: October 8, 2023, 4:00pm Pacific Time (Zoom)
- Meeting ID: 898 3786 8476
- Chair – Art, Vice Chair – Kris from Gold Coast, Secretary - PJ
- Still need H&I Coordinator.

**Activities:**

- Open positions for election in November will be: Chair and Secretary.
- Freakfest Oct. 28th 6pm - 9pm (\$5 suggested donation)
  - Odd Fellows Hall
  - Costume Contest, Dance, Speaker meeting
  - Freakfest will have a bake sale fundraiser.
- Presale tickets for New Years will be available at Freakfest for \$20 (includes dinner and 5 basket raffle tickets).
- We will be asking for all the groups who donate baskets to provide members for the prom court. At the event we will have voting ballots to pick the king/queen.

**Activities Treasurer Report -**

Beginning Balance: \$ 1,150.11

Deposits/Credits: \$ 160.00

Withdrawals/Debits: \$ 0.00

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Ending Balance: \$ 1,310.11  
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**Area Treasurer Report:**

Beginning Balance: \$1,017.54

Deposits/Credits: \$1,380.90

Withdrawals/Debits: \$220.00

Ending Balance: \$2,178.44

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Total: \$2,178.44  
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### **Meeting News: Be sure to submit meeting changes on the website**

- 5 Cities Birthday meeting is going to be moved from Oct. 31st to Oct. 24th
- Hedgehog (Zoom) meeting has a speaker on the first Sunday of the Month. Next month is Ashley K.
- Central Coast breakfast club (Zoom) doing a host training meeting (more info will be on website)

### **Old Business**

- Still need Vice Treasurer - 2 year commitment (3 years clean, 1 year area service) - **Please announce at meetings**
- Still need RCM 2 - 3 year commitment (3 years clean, 1 year area service, working knowledge of consensus decision making, 12 steps/traditions) - **Please announce at meetings**
- Went over RCM2 and Vice Treasurer requirements
- Changing the order of the prayers at area, NA service prayer to open and Serenity Prayer to close

### **New Business** - Quorum reached

- Nominations and elections will be held next month. Please announce at meetings. Area positions are open.
- Discussed allocating extra funds to subcommittees as needed
- Brought up the size of QR code on meeting schedules being too big so no room for phone numbers. Also discussed putting subcommittee numbers back on the meeting schedule. - Asked GSRs to bring back to meetings printing a separate insert for phone number that would go into meeting schedules - Bring to groups if QR is shrunk is the preference putting lines for phone numbers back on the schedule or subcommittee contact info - Will revisit next month

**Next ASC meeting is November 5th, 2023 at 3pm.**

**Will be a hybrid meeting - Zoom Meeting ID: 826 8602 3456/ no password**