

**Central Coast Area Narcotics Anonymous Service Committee Minutes**  
**September 3rd, 2023**

Meeting opened at 3:01 pm with the Serenity Prayer **Jessie** read the 12 Traditions, and **Rhian** read the 12 Concepts of Service

**Minutes:** August 6th, 2023 Minutes approved by unanimous consent

**New GSRs:**

- Melissa - Santa Maria Survivors
- Sharil - Hard Knocks Umbrella
- Amy - Paso Robles Noon

**Visitors:**

- Frank

**Subcommittee Reports:**

**RCM:**

- Results from CAR/CAT Motions from WSC are now available
  - NA survival kit approved (more info: <http://www.na.org/fipt>)
- WSLD is in Alaska this year and will be Nov 10-12, 2023
- WSZF Western States Zonal Forum is Jan 25-28, 2024, in Fresno CA
- With the passing of Term Lengths of the Delegates, we need to address timelines, financials, and Guidelines changes (may also affect RCM term lengths)
- Seeking next Regional Delegate Alternate and Regional Delegate. Elections are traditionally performed in March, during the off-conference cycle at our Mini-Regional Assembly
- Vacant regional positions :
  - V. Treasurer – NEEDED
  - Secretary – NEEDED
  - Alt. Secretary – NEEDED
- **CC&E:**
  - Convention Registration & merchandise presale now available online as of 7-16-23.
  - Registration flyers were passed out to the areas that showed up
  - There is a logo contest, and submissions should be more than four colors
  - Readers and Leaders are needed for the convention. Anyone interested can either sign up on the forms that were previously handed out or on the convention website.

**PR:**

**Public Information: Matt (805) 440-9365 / Jackie (805) 714-7864**

- Volunteer needed for rack route in SLO and Five Cities. Additional support is needed for Nipomo, Lompoc, and part of Santa Maria contact Jackie (805) 714-7864. No new info about Veteran's Stand Down October 28. Rack routes for Guadalupe are set up now and are at senior center and sheriff's department. Need about 20 IPs For Young Addicts, or any IPS for younger people. Need 10 Staying Clean on the Outside. Haven't heard anything about Nipomo rack route. Trying to get out to Nipomo high school, if we do, we will need a rack.

**Webmaster: Esteban (Steven)**

- Not much to report. Fixed iPhone issue. Trying to fix Google web address issue.

**Phone Line: Joe (805) 610-6278/Gaby (805) 266-8042**

- Phone line working. Recording working to ask if you want meeting information. Steven working on getting text message meeting information working. Need to register with Twillio, company that manages phone number, Steven working on this. In need of women volunteers.

**Literature: Jenny (805) 459-7921/ Patrick (805-458-2723)**

- Need literature volunteers. Need help! Need help stamping, managing literature, etc. no clean time requirement

**Behind the Walls Sponsorship Meeting – Bart (805) 978-6166**

- 3rd Saturday every month; 8:30 am next meeting August 19th.
- Women and men sponsors needed. Two Years clean requirement. Go to Regional website to sign up for
- Behind the Walls Sponsorship <https://ccrna.net/btws/>
- Contact Kurt or Bart for more information. Men sponsors are needed for this area, and bi-lingual individuals. If you can write your steps, you can write a 15-minute letter once a month. Women sponsors for BTWS are available and we need volunteers.
- Revamped guidelines. 2 year clean time requirement to sponsor people.

**H&I Jack (805) 458-3556**

**CMC West/East: Kurt (805) 471-7644**

East side dark on 17 and 24. West side dark on 10. West side still open until maybe September.

**SM "Good Sam's" Detox: Jack (805) 458-3556**

No dark nights. All panel leader positions are filled.

**CAPSLO 40 Prado Homeless Shelter: Greg (805) 704-4632**

No dark nights. 5 in attendance.

**Coed Jail Panel : Stanley (805)296-0076**

JBCT Unit 3:00PM to 4:00PM : This is the dual diagnosis unit inside county jail. It holds both men and women. Both gender volunteers are needed. Currently we have 1 male cleared covering. We could use 3 to 4 or even 7 to 8 more men to cover for the month. This month we have had 4 men & 2 women the first week

in attendance. Week 2 & 3 we had an even 3 men 3 women attend. The 4th week there were 2 men & 4 women in attendance.

**SLO Men's Co. Jail: Stanley (805) 296-0076**

**Tuesday Night 5:30PM** - We see 700 & 800 West Dorms simultaneously. Could use 1 or 2 more men volunteers. 700 has steady attendance between 4 to 8 men. 800 has weekly attendance between 8 to 10 men.

**Thursday: Kansas Max (K-MAX) 1:00PM to 2:00PM** - We are currently rotating between pods. There are 4 men cleared rotating every other week. Pods have asked for weekly meetings. We could use 6 to 8 men to make this happen as a one week a month commitment. The units see regular attendance ranging from 4 to 6 men.

**300 West Housing 5:30PM to 6:30PM** - They have a weekly attendance of 12 to 14 men. 2 volunteers cover on an every other week rotation. We could use 3 to 7 more volunteers.

**400 West Housing 5:45PM to 6:45PM** - They have a weekly attendance of 8 to 12 men. 2 volunteers cover on an every other week rotation. We could also use 3 to 7 more volunteers to help cover this unit.

**SLO Women's Co. Jail: Jan (818) 438-1654 / Stanley (805) 296-0076**

Monday Night: 6:00PM – I Deck 10 women cleared each panel of two covers one week a month only. We cannot take any more volunteers for this unit as our limit was 8.

6:15PM – J Deck Dark due to no women volunteers We are asking for 8 to 10 women.

Thursday Night R Deck 5:30PM: We have two dark weeks a month due to lack of volunteers.

**SB County Jail (Santa Maria): Mike (805) 215-4215**

Had good communication. 6 people are being processed for clearance. Seem to be concerned about people being cleared for both SLO and SB county jails. Should be worked out but we will see how it goes. Been a few dark nights because of County staffing. Seems to be inconsistent on their end. Have set up more trainings for volunteers to do it online on the phone. Will call at 6pm on meeting nights to see how their staffing is for the night.

**ASH: Bull (805) 550-8140**

20 residents attending meetings. Have gotten another person cleared.

**Sun Street Center (34 Prado): Bull (805) 550-8140**

Sunstreet Center 1-4 panel members attend weekly with 14 residents. Great Panel.

**Bridge House: Joel (805) 588-9665**

Dark since last meeting, there is a timing issue. Seems to be issue in Lompoc, with daytime/morning meetings.

**Crestwood: Joel (805) 588-9665**

No changes. New contact person, will work on that. Trying to negotiate having meeting after working hours so people can attend.

**Solid Rock Ranch: Mike (805) 215-4215**

Only a couple of residents. Three dark nights where Mike didn't have a way to get there. Tuesdays at 4 pm, 1 hr. meeting. Looking for Veterans men and women with one year clean. Considering opening it up outside of Veterans to get more help, but would prefer veterans.

**Lompoc Federal Prison: Ralph (805) 478-0720**

Meeting is at 9 am during the week. People are interested but schedule is hard. Ralph is going to start going in.

**Recovery Way: Anita (805) 717-2275**

New panel leader. Going well. 7-10 in attendance

**LAGS: Bart L (805) 363 7136**

Going well. Last week had meeting. 6 pm on Sunday isn't good for meeting facility so may have to change, facility will let us know. Having issue with people (not in meeting) walking through the meeting even though doors are closed. We have requested meeting place where that doesn't happen, waiting for update. Looking for women volunteers. 1 year clean. Facility wants woman coordinator for women meeting, 2 years clean requirement. Ideally someone with experience with homeless/parolee.

**REGIONAL PUBLIC RELATIONS: PJ (805) 709-4158**

- Topic: Central California Regional Public Relations
- Time: October 8, 2023, 4:00pm Pacific Time (Zoom)
- Meeting ID: 898 3786 8476
- Chair – Art, Vice Chair – Kris from Gold Coast, Secretary - PJ
- Still need H&I Coordinator.

**Activities:**

- Regional unity day has been placed on hold (try again next year).
- Facebook page will be in progress (expect to be up by January).
- Unity Day: September 16th, 11:00 - 3:00 Waller Park Santa Maria. Potluck & tie-dye
- Freakfest will have a bake sale fundraiser. Costume contest prizes will be tickets for
- New Year's - Prom Night Theme, more info to follow.
- Next month will announce for elections.

**Activities Treasurer Report -**

Beginning Balance: \$ 1,408.95

Deposits/Credits: \$ 0.00

Withdrawals/Debits: \$ 258.84

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Ending Balance: \$ 1,150.11  
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**Area Treasurer Report:**

Beginning Balance: \$826.17

Deposits/Credits: \$1,731.85

Withdrawals/Debits: \$1,540.48

Ending Balance: \$1,017.54

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Total: \$1,017.54  
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**Meeting News: Be sure to submit meeting changes on the website**

- Hope Circle changed locations now at Victory Baptist church in Paso, 3850 Ramada #D4
- Women's Zoom meeting on Sunday's 1pm (more info on website)
- Hedgehog zoom meeting having speakers 1st Sunday of the month (more info on website)

**Old Business**

- Still need Vice Treasurer (3 years clean, 1 year area service) - **Please announce at meetings**
- Still need RCM 2 (3 years clean, 1 year area service, working knowledge of consensus decision making, 12 steps/traditions) - **Please announce at meetings**
- Activities facebook tabled until January

**New Business** - Quorum reached

- Went over RCM2 and Vice Treasurer requirements
- Changing the order of the prayers at area, NA service prayer to open and Serenity Prayer to close

**Next ASC meeting is October 1st, 2023 at 3pm.**

**Will be a hybrid meeting - Zoom Meeting ID: 826 8602 3456/ no password**